Dangerous Veggies

Lyrics: Gary McGath, Copyright 2000 Music: Michael Longcor, "Dangerous Heroes"

Well, I was born down in a cabbage patch
Right next to where the eggplants hatch
I knew that good guys ate good food
And onions made you cry.
At one I feasted on strained peas,
At four I ate my broccoli,
At puberty those cute zucchinis caught my eye.

All of my life I've had dangerous veggies Watercress in great excess and peppers barbecued. All of my life I've had dangerous veggies Dangerous veggies put me in a bad mood. Dangerous veggies are a dangerous food.

Grew up on Maine potatoes
Paranoid of Red tomatoes
But I knew good food from bad, and heroes
Never ate cow meat.
Fat kids have no playground rights
But healthy ones can win the fights.
And if you eat your brussels sprouts,
You can't be beet.

All of my life I've had dangerous veggies
I'll rice up and squash you if you try to do me wrong.
All of my life I've had dangerous veggies
Dangerous veggies let me grow up real strong.
Dangerous veggies in a dangerous song.

Mushroom clouds are on their way,
When they come, then lettuce pray,
Artichokes and rhubarb wire, asparagus with spears.
Popeye with his spinach can,
Knows that yams are what I yam,
Kernels popping off and ringing in my e-ears

I wish I had a thyme machine

To go beyond the Eocene

Back to the salad days when plants were rulers of the Earth.

Vegetables would vegetate,

Legumes all would legislate,

And cauliflower power was the proof of worth.

All of my life I've had dangerous veggies

Bamboo shoots to kill, although you may come in peas.

All of my life I've had dangerous veggies

Dangerous veggies full of vitamin B.

Dangerous veggies made a dangerous me.

All of my life I've had dangerous veggies (3x)

Dangerous veggies made a dangerous me.

Dangerous veggies let me grow up real strong.

Dangerous veggies full of vitamin B.

Dangerous veggies in a dangerous song.